



Only 'bout hey!

There are so many unique features about our beloved island Barbados that you just may not be aware of... Be prepared to reacquaint yourself with the sights and experiences that are 100% Bajan for the next 12 months and while you're at it, get out there and explore what's at your back door!



2024
Calendar

January 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Holidays: 1 - New Year's Day | 21 - Errol Barrow Day
22 - Errol Barrow Day (observed)

3 ● 11 ● 17 ● 25 ●

Road tennis originated in the villages of Barbados in the 1930s, by working-class Bajans who couldn't afford to play lawn tennis. Its rules are almost identical to table tennis... but without the table!

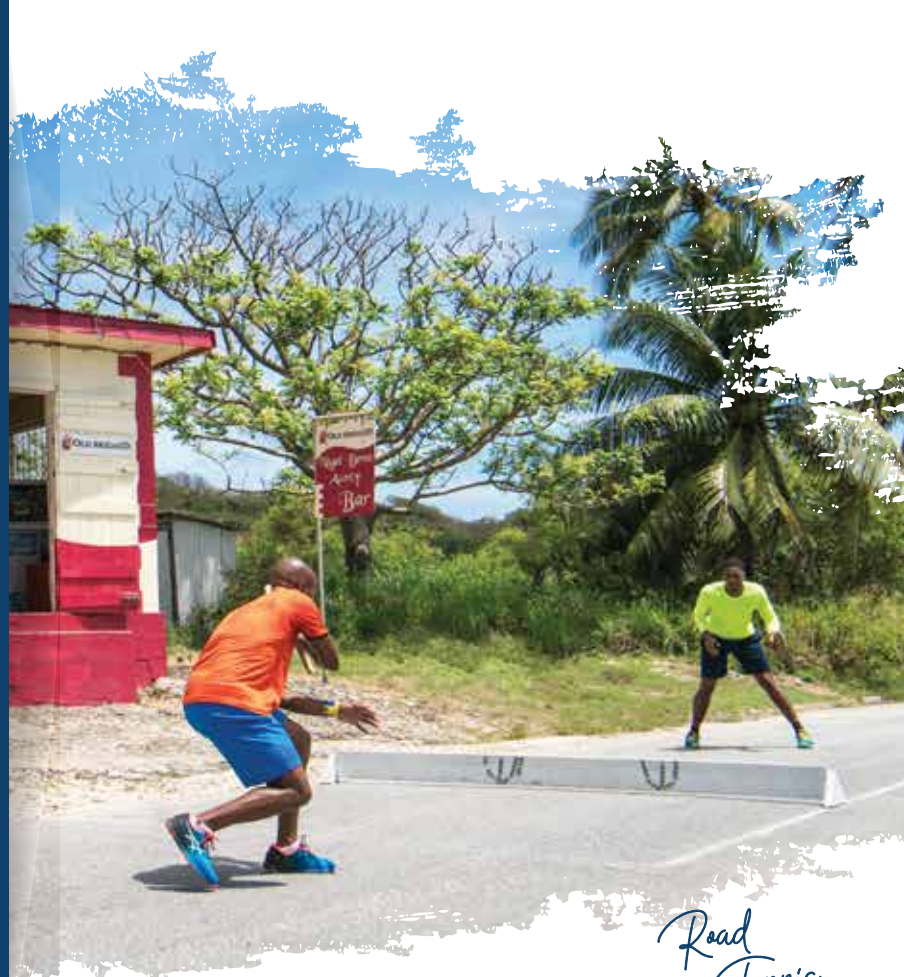


Photo courtesy of Barbados Tourism Marketing Inc.

Road
Tennis

January 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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DECEMBER

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FEBRUARY

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25	26	27	28	29		

Holidays:

- 1 - New Year's Day
- 21 - Errol Barrow Day
- 22 - Errol Barrow Day (observed)

3 ● 11 ● 17 ● 25 ●



Road tennis is also a game of endurance for the nimble and fleet footed, as you'll need to crouch low and use quick footwork to get to the balls.

Our indigenous sport is catching on internationally and has been introduced to the Caribbean and other parts of the world.

February 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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11	12	13	14	15	16	17
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25	26	27	28	29		

(14 - Valentine's Day)

2 ● 9 ● 16 ● 24 ●

The Bajan Cherry, otherwise known as Acerola or West Indian Cherry, is one of the richest natural sources of Vitamin C in existence - around 50 to 100 times more potent than an orange or lemon.



Bajan Cherry

February 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
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JANUARY

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MARCH

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(14 - Valentine's Day)



Delicious & versatile!

2 ● 9 ● 16 ● 24 ●

This versatile fruit can be used to make juices, jellies, jams, stews, sweets, ice creams, desserts and even wine. The leaves, when dried, also make a delicious tea! Did you know that the Bajan Cherry is now a signature ingredient in Rihanna's Fenty skincare line?

March 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
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Holiday:

29 - Good Friday

3 10 17 25

Built in 1743, Codrington College is the oldest Anglican theological college in the Western Hemisphere. Its hillside perch in St. John, offers visitors the most spectacular view of the East Coast of Barbados.



Photos by Mahreeyo Photography Services

Codrington College

March 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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FEBRUARY

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APRIL

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28	29	30				

Holiday:

29 - Good Friday

3 ● 10 ● 17 ● 25 ○



Many Caribbean priests have trained at Codrington and the College continues to play an active part in education and theological teachings, working closely with the University of the West Indies. Cap off a visit to its tranquil grounds with a photo by the pond or of the famous tree-lined driveway.

April 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
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21	22	23	24	25	26	27
28	29	30				

Holidays: 1 - Easter Monday | 28 - National Heroes Day
29 - National Heroes Day (observed)

1 ● 8 ● 15 ● 23 ●

George Washington House is located within the World Heritage Site - Historic Bridgetown and Its Garrison. It is where the future first U.S. President, George Washington, is reported to have stayed in 1751.



Photos courtesy of George Washington House

George Washington House

April 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
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MARCH						
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MAY						
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- Holidays:**
- 1 - Easter Monday
 - 28 - National Heroes Day
 - 29 - National Heroes Day (observed)

1 ● 8 ● 15 ● 23 ●



George Washington was 19 years old when he visited Barbados. Unfortunately, he contracted small pox during his stay and was nursed back to health at the house.

It is believed that Barbados was the only country, outside the present United States, that George Washington ever visited!

May 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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19	20	21	22	23	24	25
26	27	28	29	30	31	

Holidays: 1 - May Day | 20 - Whit Monday
(12 - Mother's Day)

1 ● 7 ● 15 ● 23 ○ 30 ●

Located in the heart of Barbados,
Harrison's Cave was officially opened in 1981.

This limestone cave is characterized
by deep pools of crystal-clear water,
flowing streams and towering columns.



Harrison's Cave

May 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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APRIL						
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JUNE						
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Holidays:

- 1 - May Day
- 20 - Whit Monday
- (12 - Mother's Day)

1 ● 7 ● 15 ● 23 ● 30 ●



Harrison's Cave is considered an active cave as it carries water. The cave is deemed to be very much alive, as its stalagmites are still growing, albeit by less than the thickness of a piece of paper each year; but that's still very fast in geological terms!

June 24

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23	24	25	26	27	28	29
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(16 - Father's Day)

6 ● 14 ◐ 21 ○ 28 ◑

It is said that for every church in Barbados you will find a rum shop, sometimes even next to each other! One might jokingly say that Barbados is devoted to the spiritual and the love of spirits!



Photo courtesy of Barbados Tourism Marketing Inc.

Rum Shaps

June 24

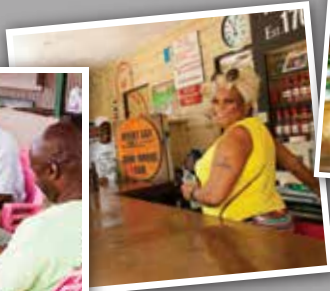
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MAY						
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JULY						
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28	29	30	31			

(16 - Father's Day)

6 ● 14 ◐ 21 ○ 28 ◑



The hot spot in every Bajan community is usually the rum shop, where you can relax, play dominoes, talk politics and knock back one! Gone are the days when these shops only sold liquor and dry goods on credit. Nowadays, you might find the most tasty meals and cutters in an unassuming rum shop.

July 24

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5 ● 13 ● 21 ● 27 ●

There's nothing like a Friday night or even Saturday night lime in Oistins Bay Gardens! Tourists and locals line up for the most delicious grilled or fried fish and chips, or other sides, anywhere on the island!



Photos by Mahreeyo Photography Services

Friday night in Oistins

July 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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JUNE						
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AUGUST						
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5 ● 13 ● 21 ● 27 ●

The best place to meet up in Bim, where the food is excellent, the vibe is sweet and the streets come alive with infectious music, karaoke, light and laughter. If you haven't been to Oistins in a while, maybe it's time you came back! If you're always there, next time, invite a friend or two...

August 24

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Holidays:

1 - Emancipation Day | 5 - Kadooment Day

4 ● 12 ◐ 19 ○ 26 ◐

Crop Over is Barbados' most popular and colourful summer festival. Its origins can be traced back to the 1780s, when Barbados was the world's largest sugar producer and it marks the end of the harvest!



Photo courtesy of the National Cultural Foundation

Crop Over

August 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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JULY						
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SEPTEMBER						
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Holidays:

- 1 - Emancipation Day
- 5 - Kadooment Day

4 ● 12 ◐ 19 ○ 26 ◑



For the past 3 years, SigniaGlobe Financial has been a title sponsor of the Junior Masquerade Project - an initiative that ensures that the art form of costuming; conceptualizing and crafting of Crop Over costumes is passed on to the next generation!

September 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
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22	23	24	25	26	27	28
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2 ● 11 ○ 17 ○ 24 ○

We challenge you to find a more professional, and friendly group than those at SigniaGlobe.

Our team members are always ready and willing to assist with your financial goals and investment needs.



Photos by Mahreeyo Photography Services

September 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
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AUGUST						
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OCTOBER						
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2 ● 11 ◐ 17 ○ 24 ◑

We offer a wide range of loan types (Vehicle, Personal, Travel, Alternative Energy, Educational, Debt Consolidation, just to name a few) plus foreign exchange and investment services.

Our goal is to assist you along life's path and help you to attain the things that would make your journey easier.

October 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2 ● 10 ● 17 ● 24 ●

The Barbados Food and Rum Festival is a mecca for foodies all over the world. Barbados' finest culinary talent is showcased along with international chefs, renowned rum producers and culinary personalities.



Photo courtesy of the National Cultural Foundation

Food & Rum
Festival

October 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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6	7	8	9	10	11	12
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20	21	22	23	24	25	26
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SEPTEMBER

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NOVEMBER

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2 ● 10 ● 17 ● 24 ●



Barbados is known as the Birthplace of Rum and the Culinary Capital of the Caribbean, so the Food and Rum Festival is where it all culminates. The Festival is described as “encapsulating the essence of Barbados’ culture where food, rum and celebration intertwine in pure culinary bliss.”

November 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

Holiday:

30 - Independence Day

1 ● 9 ◐ 15 ○ 22 ◑

Our patriotic spirit is truly evident this month, as we celebrate all that makes us “Bajan tuh de bone!” Conkies are in high demand and the argument about with or without raisins never gets stale.



Photos by Mahreeya Photography Services

*Independence
musthaves*

November 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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OCTOBER

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20	21	22	23	24	25	26
27	28	29	30	31		

DECEMBER

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Holiday:

30 - Independence Day



What's for lunch?

Putting in your lunch order for Cou-Cou & Flying Fish or Pudding & Souse is the norm, especially on Saturdays! The Cou-Cou has to be mellow and the Pudding & Souse the right mix of heat, plus pickled breadfruit on the side. Where's your favourite spot for these local dishes?

1 ● 9 ● 15 ○ 22 ●

December 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
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15	14	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Holidays:

25 - Christmas Day | 26 - Boxing Day

1 ● 8 ◐ 15 ○ 22 ◐ 30 ●

The 17th century act of “promenading” meets Barbadian tradition every Christmas morning!

After church service, it is very much a tradition for Bajans to show off their finery while strolling in Queen's Park.



Photo by Kenmore Bynoe

*Christmas in
Queen's Park*

December 24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
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NOVEMBER

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17	18	19	20	21	22	23
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JANUARY

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
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Holidays:

- 25 - Christmas Day
- 26 - Boxing Day

1 ● 8 ● 15 ○ 22 ● 30 ●



Christmas morning in the Park is a Bajan tradition that dates back to 1907, when the first concert was staged by the then Royal Barbados Police Force Band. For most, Christmas isn't complete without a visit to the Park to take in the fashion, music and peaceful atmosphere. Do you agree?

Meet Our Management Team



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*Chief Executive
Officer*



Jacqueline Holder
*Chief Operating
Officer*



Renee Trotman
*Chief Financial
Officer*



Ayesha Maycock
*Manager -
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& Stockbrokerage*



Carol Prescod
*Manager -
Client Services*



Tracia Grant
*Manager -
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*Manager -
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Quality Assurance*



Joseph Charles
*Manager -
Marketing & Branding*

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Stockbroker



Janai Butts
Custodian Services & Stockbrokerage Assistant

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Foreign Exchange Trader

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Manager, Deposits



Deborah Clarke
Assistant Manager, Deposits



Keitha Cadogan
Administrator, Deposits



Krystal Bryan
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Officer*



**Lauriel
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Officer*



**Antonia
Stuart-Bailey**
*Relationship
Officer*



**Christopher
Carrington**
*Relationship
Officer*



**Shanise
Walkes**
*Relationship
Officer*



Explore our featured places of interest, festivals
and events – Only 'bout hey!

JANUARY: The Barbados Road Tennis Association - 254-9298 | barbadosroadtennisassociation@outlook.com
SIDE B Photos by Kenmore Bynoe and Mahreeyo Photography Services

MARCH: Codrington College - Sargeant Street, St. John - 416-8051 | info@codringtoncollege.edu.bb
Photos by Mahreeyo Photography Services

APRIL: George Washington House - Bush Hill, The Garrison, St. Michael - 228-5461 | gwadmin@caribsurf.com
Photos courtesy of George Washington House

MAY: Harrison's Cave Eco-Adventure Park, Chukka Caribbean Adventures (Barbados) Ltd. - Welchman, Hall St. Thomas - 417-3700 | barbadosreservations@chukka.com
SIDE B Photos courtesy of Chukka Caribbean Adventures (Barbados) Ltd.

JUNE: Joan's Snackette & Bar - Six Mens, St. Peter - 439-6829
John Moore's Bar - Lower Carlton, St. James - 422-2258
SIDE B Photos courtesy of Sally Miller of Miller Publishing

JULY: Chillin' n Grillin' - Oistins Bay Gardens, Oistins, Christ Church - 239-5654
Photos by Mahreeyo Photography Services

AUGUST: The Barbados Crop Over Festival | <https://ncf.bb/crop-over>
SIDE B Photos by Mahreeyo Photography Services

SEPTEMBER: *Photos by Mahreeyo Photography Services*

OCTOBER: The Barbados Food & Rum Festival | <https://www.foodandrum.com>
SIDE B Photos courtesy of Barbados Tourism Marketing Inc.

NOVEMBER: *Photos by Mahreeyo Photography Services*

DECEMBER: *SIDE B Photo of the Barbados Police Service Band courtesy of Barbados Today*

January '25

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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April '25

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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July '25

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October '25

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26	27	28	29	30	31	

February '25

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

May '25

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August '25

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

November '25

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

March '25

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June '25

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

September '25

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December '25

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			